

ALLERGEN LIST - WALNUT TREE INN August 2019

Please inform staff of any food allergies prior to placing your order, even if you have eaten the dish previously, so that every precaution can be taken in the kitchen to prevent cross-contamination although this CANNOT be guaranteed. We have taken all reasonable steps to ensure that this table is accurate. We CANNOT guarantee that any product is 100% free from any allergen because of the risk of unexpected cross-contamination.

Allergen	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Sesame	Soya	Sulphites	Peanuts	Nuts (Other)
Menu Item														
Breakfast Items														
Sausage					X				X					
Bacon														
Baked Beans														
Mushrooms														
Tomato														
Egg Fried/Poached			X											
			X				X							
Salmon				X										
Toast			X		X									
Jam														
Marmalade														
Muesli					X								X	Brazil Nuts Walnuts Hazlenuts Almonds
Brunch														
Full English			X		X									
Veggie Breakfast			X		X									
Poached Eggs and Avocado			X		X		X							
Salmon and Scrambled			X		X		X							
Bacon sandwich					X		X							
Croque Monsieur					X		X							
Croque Madame					X		X							
Croque Champignon					X		X							
Museli					X								X	Brazil Nuts, Walnuts, Hazelnuts, Almonds
Toast					X									
Sandwiches														
Pulled Pork Roll			X		X					X				Walnuts
Chicken Club			X		X							X		
Peppered Beef			X		X									
Mature Cheddar and Ham			X		X		X		X			X		
Smoked Salmon			X	X	X		X		X			X		
Open Avocado			X		X		X		X			X		
Salads														
Caesar Salad			X	X	X		X		X			X		
Tomato and Lemon	X				X						X			
Salmon Salad	X			X					X			X		
Sharing Boards														
Ploughman's	X				X		X		X	X		X		
Charcuterie	X				X				X	X		X		
Artisan Board			X		X					X				

Allergen	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Sesame	Soya	Sulphites	Peanuts	Nuts (Other)
Tapatisers														
Tomato Mozzarella							X					X		
Artichokes + Goats Cheese	X						X		X					
Soup Cup														
Halloumi			X		X		X							
Whitebait			X	X	X		X		X			X		
Prawn Cocktail		X	X						X			X		
Pickled Herring				X			X					X		
Confit Duck			X		X				X		X	X		
Fishcakes			X	X	X				X		X	X		
BBQ Chicken Wings									X		X	X		
Meatballs	X		X		X		X				X	X		
Hamhock Terrine	X		X						X			X		

Main Course														
Mussels	X			X	X		X	X	X			X		
Beef Burger			X		X		X		X	X	X	X		
Gruyere Cheese							X							
Blue Cheese							X							
Bacon														
Pulled Pork									X		X	X		
Fried Egg			X											
Mushroom														
Veg Burger			X		X		X		X			X		
Battered Cod			X	X	X				X			X		
Lamb Rack	X			X								X		
Ribeye Steak							X							
Red Wine Sauce	X											X		
Peppercorn Sauce	X						X					X		
Duck Breast	X		X		X		X		X			X		
Hake				X			X		X					
Onion Tart			X		X		X					X		

Sides														
Triple Cooked Chips														
Sweet Potato Fries														
Cheesy Chips							X							
Chips with Gravy					X							X		
Onion Rings					X							X		
Mixed Salad	X								X					
Potato of Day														
Veg of the Day							X							
Bread and Butter			X		X		X			X				

Children's Menu														
Margherita Pizza					X		X							
Fish and Chips				X	X									
Meatballs in Tom	X		X		X		X							
Mini Burger			X		X				X	X				
Sausages					X		X							
Ice Cream			X				X					X		
Brownie			X		X		X							

